FIVE-0 5K Run/Walk

Please join us for this family fun event. Bring the kids to check out all the Police cars, boats, motorcycles, the SRT truck, and more. We will also have a SRT obstacle course for the kids.

Proceeds of this event will be used to buy a memorial for the three fallen Eaton County Deputies who gave their lives protecting the citizens of Eaton County.

Sunday April 19th, 2015
Race begins at 10:00 AM

Location: Sharp Park in Delta Township, 1401 Elmwood rd. Lansing MI 48917

Course: Flat, fast, and accurate 5K on paved roads and the bike path in Sharp Park.

Awards: Award to Overall and Master Winner. Medals to top 3 places in age group.

Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44,45-49, 50-54, 55-59, 60-64, 65-69, 70+

Entry Fee: By 4/13: **$20** 4/14 to 4/18: **$25** Race Day: **$30**

Registration: Make check payable to and mail to: Michigan Running Foundation, PO BOX 10180 Lansing, MI 48901 For more information: rblock@eatoncounty.org

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_____ _____
Last Name **First Name**

_____
Home Phone

Gender: (Circle one) **M** **F** **Age on Race Day:** _____

Shirt Size: (Circle one) **S** **M** **L** **XL**

Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against Delta Township, Eaton County Sheriff Office, Eaton County, and all sponsors, and race management organization, for injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit.

_____ _____ _____
Participants Signature Parent's Signature if under 18 Date Signed