

# Delta Township 39'ers

Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing 48917

517-484-5600

www.deltami.gov/parks

# June 2016

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		NOTES
				<b>1 Chair Massage</b> Yoga 9:30 <b>Smart 911 Sign Up 11:00</b> Lunch/Bingo 12:00 Cribbage 1:00 Jazzercise Lite 3:00		<b>2 Yoga 10:00/11:30</b> Scrabble 1:00 Euchre 6:00		<b>3 Blood Sugar</b> Db1. Pinochle 12:00 Lunch 12:00 Bingo 1:00		<b>June Trivia:</b> The first weekend in June is National Doughnut weekend.  On June 10, 1854 the first class of the United States Naval Academy students graduated.  On June 14, 1775 the Continental Army was established by the Continental Congress, marking the birth of the United States Army.  <b>*Speaker*</b> Monday, June 13 <b>RSVP</b> (Retired Senior Volunteer Program) <b>Topic:</b> Emergency supply list for individuals with functional needs.
		<b>6</b> Lunch 12:00 Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00		<b>7</b> Yoga 10:00 Pinochle 12:00 Delta Dental 12:00 <b>Arthritis Ex 1:00</b> Computer Classes		<b>8 Tigers Trip</b> Yoga 9:30 Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00		<b>9 Footcare</b> Yoga 10:00/11:30 Scrabble 1:00 Tai Chi Qigong 1:10 Tai Chi Yang 24 2:15 Euchre 6:00		
<b>13</b> Senior Core 9:30 Zumba Gold 10:30 <b>Speaker/Lunch 12:00</b> Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00		<b>14 Footcare</b> Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 Computer Classes		<b>15</b> Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00		<b>16</b> Yoga 10:00/11:30 Scrabble 1:00 Tai-Chi Qigong 1:10 Tai-Chi Yang 24 2:15 Euchre 6:00		<b>17</b> Db1. Pinochle 12:00 <b>Father's Day/Lunch 12:00</b> Bingo 1:00		
<b>20</b> Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00		<b>21 Footcare</b> Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 Computer Classes		<b>22 Chair Massage</b> Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00		<b>23</b> Yoga 10:00/11:30 Scrabble 1:00 Tai Chi Qigong 1:10 Tai Chi Yang 24 2:15 Euchre 6:00		<b>24</b> Mahjong 12:00 Lunch 12:00 Bingo 1:00		
<b>27</b> Senior Core 9:30 Zumba Gold 10:30 <b>B-Day/Lunch 12:00</b> Bingo/Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00		<b>28</b> Yoga 10:00 <b>Lunch Bunch 11:30</b> Pinochle 12:00 Arthritis Ex 1:00 Computer Classes		<b>29</b> Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00		<b>30</b> Yoga 10:00/11:30 Scrabble 1:00 Tai Chi Qigong 1:10 Tai Chi Yang 24 2:15 Euchre 6:00				