

## Tri County Office on Aging – Nutrition Menu May 2016

Luncheons are served at 12 p.m. and the cost is a \$3 donation for ages 60 and over and a \$6.00 charge for ages 59 and under. The luncheon and the programs are held in the Activity Room in the Delta Enrichment Center, located on 4538 Elizabeth Road, Lansing 48917. Pick up your monthly activities calendar at the Delta Township Enrichment Center or online at [www.deltami.gov/parks](http://www.deltami.gov/parks).

*For reservations, please call (517) 484-5600 by 12 noon the day before the luncheon*

<p><b>Monday, May 2</b></p> <p>Chicken Stew peas biscuit lemon cookie orange</p>	<p><b>Wednesday, May 4</b></p> <p>Hamburger on Bun rosemary potatoes fresh carrots raisin snack apple</p>	<p><b>Friday, May 6</b></p> <p>Macaroni &amp; Cheese green beans stewed tomatoes applesauce dinner roll</p>
<p><b>Monday, May 9</b></p> <p>Turkey Burger mashed potatoes glazed carrots dinner roll apple</p>	<p><b>Wednesday, May 11</b></p> <p>Soft Shell Tacos ground beef / cheese lettuce/tomato/onion beans and rice orange</p>	<p><b>Friday, May 13</b></p> <p>Creole Cod buttered corn peas wheat bread pineapple tidbits</p>
<p><b>Monday, May 16</b></p> <p>Beef Stew biscuit peas graham cracker pear</p>	<p><b>Wednesday, May 18</b></p> <p>Slow Roast Pork Loin mashed potatoes corn o'brien rye bread orange</p>	<p><b>Friday, May 20</b></p> <p>Macaroni &amp; Cheese green beans glazed carrots dinner roll grapes</p>
<p><b>Monday, May 23</b></p> <p>Rosemary Turkey mashed potatoes peas dinner roll orange</p>	<p><b>Wednesday, May 25</b></p> <p>Sloppy Joe on Bun mini corn cob carrot coins pear</p>	<p><b>Friday, May 27</b></p> <p>Vegetable Lasagna corn green beans wheat bread banana</p>
<p><b>Monday, May 30</b></p> <p style="text-align: center;"><b>Closed</b></p> <p style="text-align: center;"><b>Memorial Day</b></p>	<p><b>Wednesday, June 1</b></p> <p style="text-align: center;">Not Yet Available</p>	<p><b>Friday, June 3</b></p> <p style="text-align: center;">Not Yet Available</p>

One carton of juice, 2% or fat free milk is served with each meal. Additional juice or milk (if available) may be purchased for \$.25 each. Coffee is available for \$.50.