

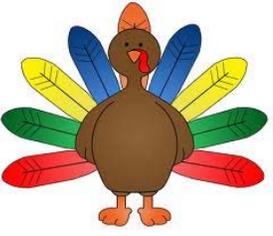
Delta Township 39'ers

Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing 48917

517-484-5600

www.deltami.gov/parks

November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
	1 Footcare Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 Genealogy 1:00	2 Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Speaker/Lunch 12:00 Bingo/Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	3 Footcare Yoga 10:00/11:30 Scrabble 1:00 Tai Chi 2:15 Euchre 6:00	4 Blood Sugar Senior Core 9:30 Zumba Gold 10:30 Mah Jong 12:00 Lunch 12:00 Bingo 1:00	Turkey Facts: 91% of Americans eat turkey on Thanksgiving Day. Turkeys can run up to 25mph. Wild Turkeys can fly at a speed of up to 55mph. A turkey's head changes color when it's excited. Benjamin Franklin actually wanted the turkey to be the national bird. Turkeys are known to sleep in trees! Only male turkeys gobble. *Speaker* Wed., November 2 Kyrie Elliott from S.A.F.E. (Senior Alliance for Education) Topic: Information on healthcare decisions & senior services available.
	7 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Bridge 1:00 No Activities After 2:00 pm	8 NO ACTIVITIES ELECTIONS	9 Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Veterans/Lunch 12:00 Bingo/Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	10 Yoga 10:00/11:30 Scrabble 1:00 Tai Chi 2:15 Euchre 6:00	
14 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00 Genealogy 6:30	15 Footcare Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 Genealogy 1:00	16 Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	17 Yoga 10:00/11:30 Scrabble 1:00 Euchre 6:00	18 Blood Pressure Senior Core 9:30 Zumba Gold 10:30 Mah Jong 12:00 Lunch 12:00 Bingo 1:00	
21 Lunch 12:00 Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00 Genealogy 6:30	22 Yoga 10:00 Lunch Bunch 11:30 Pinochle 12:00 Arthritis Ex 1:00	23 Yoga 9:30 Thanksgiving/Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	24 Closed Happy Thanksgiving	25 Closed	
28 Bday/Lunch 12:00 Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00	29 Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00	30 Yoga 9:30 Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes			