

Delta Township 39'ers

Delta Township Enrichment Center, 4538 Elizabeth Road, Lansing 48917

517-484-5600

www.deltami.gov/parks

January 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
2 CLOSED 	3 Footcare Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00	4 Chair Massage Yoga 9:30 Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00	5 Footcare Yoga 10:00/11:30 Scrabble 1:00 Euchre 6:00	6 Blood Sugar Lunch 12:00 Bingo 1:00	New Years Fun Facts: More than 40% of Americans make New Year's Resolutions. There is an estimated one million people in Time Square on New Year's Eve. The New Year's Eve ball was first dropped in Time Square in 1907, after a fireworks ban. 
9 Lunch 12:00 Bingo 1:00 Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00	10 Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 *Winter Registration Begins*	11 Yoga 9:30 Speaker/Lunch 12:00 Bingo 1:00 Cribbage 1:00 Jazzercise Lite 3:00	12 Yoga 10:00/11:30 Scrabble 1:00 Euchre 6:00	13 Blood Pressure Mah Jong 12:00 Lunch 12:00 Bingo 1:00	
16 CLOSED MLK Jr. Day	17 Footcare Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00	18 Chair Massage Yoga/Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	19 Yoga 10:00/11:30 Scrabble 1:00 Euchre 6:00	20 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo 1:00	
23 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00 Genealogy 6:30	24 Footcare Yoga 10:00 Lunch Bunch 11:30 Pinochle 12:00 Arthritis Ex 1:00 Genealogy 1:00	25 Yoga 9:30 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Cribbage 1:00 Jazzercise Lite 3:00 Computer Classes	26 Yoga 10:00/11:30 Scrabble 1:00 Euchre 6:00	27 Senior Core 9:30 Zumba Gold 10:30 Mah Jong 12:00 Bday/Lunch 12:00 Bingo 1:00	
30 Senior Core 9:30 Zumba Gold 10:30 Lunch 12:00 Bingo/Bridge 1:00 Jazzercise Lite 3:00 Euchre 6:00 Genealogy 6:30	31 Yoga 10:00 Pinochle 12:00 Arthritis Ex 1:00 Genealogy 1:00				

Speaker
 Wednesday, Jan. 11
Mike Roberts
 ~Delta Township Fire Department~
Topic:
"Fire & Fall Safety for older adults".